

REEP ESL Curriculum for Adults

< [Back to Curriculum homepage.](#)

UNIT: HEALTH LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 200

HEALTH UNIT GOAL

After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the health care system using level appropriate language skills.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES (Summary):

1. Identify illnesses and injuries and suggest remedies.
2. Inquire about low/no cost health care and testing.
3. Make medical appointment (doctor, dentist) by phone.
4. Ask and respond to questions and describe symptoms at the doctor's office.
5. Fill out simplified medical forms, including immunization record.
6. Report an emergency -- Call 911.
7. Identify quantity and frequency of prescription or non-prescription labels.
8. Identify healthy habits.

LIFESKILL OBJECTIVES	FUNCTIONS AND SAMPLE LANGUAGE	RESOURCES	INTEGRATION
1. Given pictures of internal organs and parts of the body, identify illnesses and injuries and suggest remedies	Express condition: I have the flu. She has a headache. I cut my hand. Request/Give Advice: What does (should) she take? She should take Tylenol. Go to the doctor.	<i>Oxford Picture Dictionary, 2nd Ed., (OPD 2) p. 104-107</i> <i>Stand Out 2, 2nd Ed., Unit 6 (Lesson 2)</i> <i>Lifelines 2, p. 81-84</i> <i>Going Places 2 p.91-96</i> <i>A Conversation Book 1, p. 125</i> <i>Survival English 1, 2nd Ed., p. 90-95, 114</i> <i>Ventures 2, 1st Ed., p. 44-46, 51</i> <i>Ventures 2 Workbook, 1st Ed., p. 40-43</i> Tapes: <i>Moving On, p.56-61</i> <i>Ready? Listen! p. 74-76</i>	Structures: Simple present; Past; Should; wh questions; Imperative Cross-cultural extension: What people do when they get sick
2. Given simplified resources, Inquire about low/no cost	Seek/report info: location: Does Arlington have any low	<i>Collaborations Beg 2 p. 76-77</i> Arlington Mini-	Structures: Questions-wh- yes/no; Can Cross-culture: Cost of

REEP ESL Curriculum for Adults

health care and testing, including immunizations for children, AIDS testing, TB testing.	cost clinics? Where can I get immunizations for my child? You can go to Clarendon Education Center.	Directory local phone books local agency brochures (Arlington Free clinic, Fenwick Center, Health Department) Arlington Free Clinic Community Services and Resources (Available to REEP Teachers Only)	health care, Required immunizations and testing
3. Make medical appointment (doctor, dentist) by phone, describing problem and giving personal information. For the culminating assessment tasks, students will write their own dialogs.	Report info about self/others: This is Mai Nguyen. Express condition: My daughter is sick. She has a terrible headache. Express need: I need to make an appointment. It is urgent.	<i>Stand Out 2, 2nd Ed.</i> , Unit 6 (Lesson 3) <i>Picture Stories</i> p. 22 <i>Expressways Foundations</i> p. 52 <i>Survival Eng. 1, 2nd Ed.</i> , p. 96-97 <i>Future 2, 1st Ed.</i> , p. 128-127	Structures: Simple present; Possessive adjectives Cross-culture: when to see a doctor, places for medical help; clinic; private doctor
4. Ask and respond to questions and describe symptoms at the doctor's office.	Ask questions: When will the test results be back? What should I do? What is my temperature? Express condition: I feel hot and cold. My throat hurts. I have a sharp pain in my stomach. The pain is getting worse.	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lesson 2) <i>Take Charge 1</i> p.104 <i>Survival English 2, 2nd Ed.</i> , p. 76, 84 <i>Ventures 2, 1st Ed.</i> , 48-51 <i>Future 2, 1st Ed.</i> , p. 126-127	Structures: Simple present; Present progressive; Wh questions Cross-culture tip: Doctor visits are usually very short. Write your questions before the visit. Take notes at the visit.
5. Fill out simplified medical forms, including immunization record	Asking for clarification: What does 'chronic' mean? Sample vocabulary: Patient Insurance Policy number Immunization	REEP Lesson Plan <i>Get Ready, Go, Home Free!</i> p. 31 <i>Expressways Foundations A</i> p. 53 <i>Lifeskills 2</i> , p. 74	
6. Report an emergency -- Call 911. Describe problem,	Report information: I need to report an accident.	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lesson 5) <i>Survival English 1, 2nd</i>	Structures: Simple past need + infinitive Cross-culture:

REEP ESL Curriculum for Adults

<p>request assistance and give personal identification information.</p>	<p>My son fell down the stairs. Answer questions: What is your address? What happened? Sample Language: car accident, heart attack, choking, breaking in, robbery</p>	<p><i>Ed.</i>, p. 98 <i>More Picture Stories</i> p.1-6 <i>English ASAP Bk 1</i> p. 89,96 <i>Ventures 2, 1st Ed.</i>, p. 52-53 <i>Future 2, 1st Ed.</i>, p. 206-211 Arlington 911 Video</p>	<p>information expected by 911 operators, when to call, when not to call</p>
<p>7. Given simplified labels, identify quantity and frequency on prescription or non-prescription labels.</p>	<p>Report info: Take 2 pills a day. Ask questions: How many do I take? How often do I take it?</p>	<p><i>Stand Out 2 2nd Ed.</i>, Unit 6 (Lessons 4) <i>Going Places 2</i> p.87-98 <i>Ventures 2, 1st Ed.</i>, p. 47, 54 <i>Ventures 2 Workbook, 1st Ed.</i>, p. 41 <i>Future 2, 1st Ed.</i>, p. 132-133 Realia brought in by students and teacher. Teacher made labels.</p>	<p>Structures: Command form for instructions; Wh-questions Tip: check medicines before leaving pharmacy.</p>
<p>8. Identify healthy habits.</p>	<p>Give advice: Eat/drink less/more... Don't smoke. You should lose weight.</p>	<p>REEP Lesson Plan <i>Stand Out 2, 2nd Ed.</i>, Unit 6 (Lesson 1) <i>Ventures 2, 1st Ed.</i>, p. 48-51 Student-generated habits. 10 Steps to a Safe Kitchen</p>	<p>Structures: Imperatives; Should Cross-culture: eating habits, exercise, etc.</p>

< [Back to Curriculum homepage.](#)